

First Aid Recommendations

If the person is not conscious or not breathing, call 911 immediately.

The Illinois Poison Center is a **FREE, confidential phone service** staffed by specially trained medical experts. We're available **24 hours a day | 7 days a week | 365 days a year.**

If you think someone has been exposed to a potentially harmful substance:



IN THE MOUTH Do not make the person vomit or give them anything to eat or drink. **Immediately ...**



ON THE SKIN Rinse skin well with water. Then wash skin gently with soap and water, **then ...**



IN THE EYE Rinse eyes with water for 15 minutes (remove contacts before rinsing). Open and close eyes while rinsing, **then ...**



IN THE AIR Leave the area and move to a place where you can breathe fresh air, **then ...**

**... Call the Illinois Poison Center
1-800-222-1222**



Poison Prevention Checklist

- Receive the IPC Complimentary Packet
- Post the First Aid Recommendations, sticker and magnet in a visible area
- Save 1-800-222-1222 to your cell phone and/or home phone
- Visit the IPC website to get more poison prevention information – www.illinoispoisoncenter.org
- Take the **FREE**, quick and easy online Poison Prevention Education Course at www.illinoispoisoncenter.org/outreach
- Check out the weekly IPC Blog for interesting and must-have information www.ipcblog.org

Don't guess, be sure.

Call us!



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We're Illinois Poison Center On

